F. WRÓBLEWSKI

Section of Medical Enzymology, Sloan-Kettering Institute and Department of Medicine, Memorial-Sloan-Kettering Cancer Center, New York, U.S.A.

INTRODUCTION

Alterations to plasma and serum enzymes represent subtle protein modifications associated with disease states. It appears that these enzyme activities are associated with two or more closely-related multimolecular forms which are, nevertheless, chemically, physically and immunologically distinct¹⁻¹⁰. These components, isoenzymes, can be measured individually. It is the purpose of this presentation to report on the isoenzyme composition of lactic dehydrogenase (LDH) in the tissues and plasma of normal individuals and of patients with various disease states.

METHODS AND MATERIALS

Lactic dehydrogenase activity was determined by the method previously described¹¹. Zone electrophoresis was used to fractionate the LDH activities by a modification¹² of Smithers' method as described previously¹³. The patients studied were observed at the Memorial and James Ewing Hospitals in New York City, and diagnoses were confirmed by the usual clinical criteria and/or *post mortem* examination.

RESULTS

Heparinized plasma obtained from normal adults had a total LDH activity of 360 ± 60 units/ml, within a range of activity from 240 to 480 units/ml at 30°. The plasma of normal adults contained all five plasma isoenzymes (LDH₁, LDH₂, LDH₃, LDH₄, and LDH₅).

Table 1.Relativeelectrophoreticmobilities of human LDH isoenzymes(mobility of purified bovine haemo-globin = 1.00),determinedby themethod of Smithers^{12,13}

Isoenzyme	Electrophoretic migration rate		
LDH_1 LDH_2 LDH_3 LDH_4 LDH_5	$\begin{array}{c} -0.21 \pm 0.02 \\ 0.39 \pm 0.03 \\ 0.75 \pm 0.02 \\ 1.14 \pm 0.05 \\ 1.53 \pm 0.05 \end{array}$		

Isoenzyme	LDH1	LDH_2	LDH3	LDH_4	LDH₅				
Percentage* of total LDH	0–5	0–15	0-37	23–50	6–36				

Table 2. The isoenzyme composition of normal human plasma LDH

* Range includes 2 standard deviations from mean value.

Table 1 lists the rates of electrophoretic migration of the human LDH isoenzymes relative to that of purified bovine haemoglobin. Table 2 gives the relative amounts of the isoenzymes present in the plasma of normal adults, expressed as approximate percentages of the total LDH, as determined by electrophoresis. In all cases, plasma LDH_4 was present in greater amounts than was plasma LDH_5 .

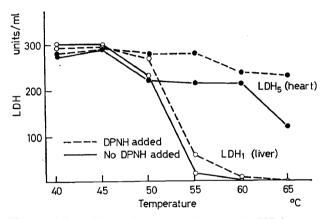


Figure 1. Thermal stabilities of human LDH₁ and LDH₅ in serum

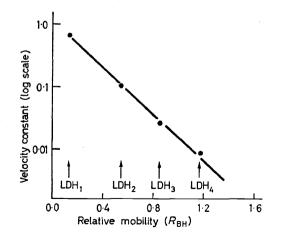


Figure 2. The velocity constants of inactivation at 53° of LDH₁, LDH₂, LDH₃ and LDH₄, as a function of the relative electrophoretic mobilities of these isoenzymes

The human isoenzymes can be differentiated by physical, chemical and immunological characteristics. Figure 1 contrasts the thermal stabilities of LDH₁ and LDH₅, while Figure 2 contrasts the velocity constants of inactivation of four of the human isoenzymes at 53°. Figure 3 depicts the apparent energies of activation for the five isoenzymes relative to their mobilities on starch-gel. The percentage inhibition obtained immunologically using purified anti-LDH₁ and anti-LDH₅ against all five human isoenzymes is depicted in Figure 4.

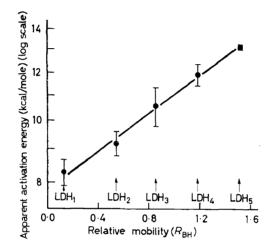


Figure 3. The apparent energies of activation (for the reaction: lactate \longrightarrow pyruvate) using LDH₁, LDH₂, LDH₃, LDH₄ and LDH₅, as a function of the relative electrophoretic mobilities of these isoenzymes

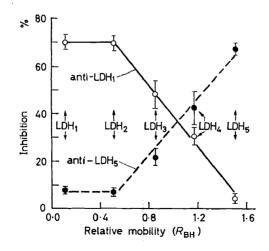


Figure 4. The degrees of inhibition of LDH₁, LDH₂, LDH₃, LDH₄ and LDH₅ by anti-LDH₁ and anti-LDH₅ respectively, as a function of the relative electrophoretic mobilities of these isoenzymes

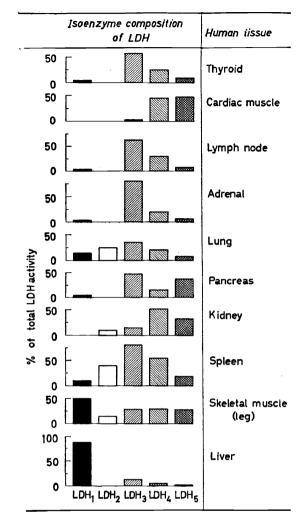


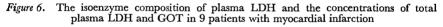
Figure 5. The distribution patterns of LDH isoenzymes in various normal human tissues

Examination of the LDH isoenzymes of normal human tissues indicates that different tissues contain different proportions of the five isoenzymes and that these occur in distinct patterns. *Figure 5* shows the LDH compositions and the distribution patterns of the isoenzymes in various normal human tissues.

Plasma obtained from patients with myocardial infarction showed an increased content of plasma LDH_4 and LDH_5 with the preponderant increase in the latter. Figure 6 lists the total plasma LDH and glutamic-oxaloacetic transaminase (GOT) and the relative distribution of the five LDH isoenzymes observed in patients with myocardial infarction. Figures 7, 8 and 9 depict the serial observation in patients who incurred transmural myocardial infarction. The plasma isoenzyme changes appear earlier in the course of myocardial infarction, and last longer following coronary occlusion, than the alteration in total plasma enzyme activity.

Plasma Plasma Isoenzyme composition LDH GOT Diagnosis (units/ ml) (units/ ml) of plasma LDH 50 1300 94 Anterior myocardial infarction 0 50 930 110 Anterior myocardial infarction 0 LDH activity 50 Anteroseptal 2000 50 myocardial infarction 0 50 Posterior 340 20 myocardial infarction 0 total 50 Anterolateral 780 14 myocardial infarction đ 0 50 ~ Posterior 640 22 myocardial infarction 0 50 Subendocardial myocardial 760 34 infarction (shock) 0 50 Staphylococcal 1000 77 0 cardiac abscess 50 240 20 Benign pericarditis 0 LDH, LDH, LDH, LDH, LDH,

DIAGNOSTIC DISSECTION BY ISOENZYMES



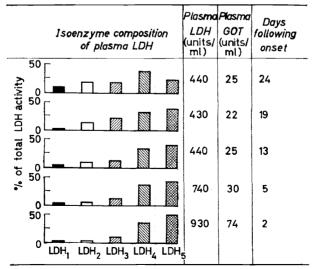


Figure 7. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH and GOT in a patient (G.B., 50 yrs. 3) with posterior myocardial infarction

Angina pectoris causes no significant change in plasma isoenzyme composition (*Figure 10*), though subendocardial infarction is associated with an increase in plasma LDH₅ (*Figure 11*). The changes in myocardial infarction are to be contrasted with those seen in pulmonary infarction (*Figure 12*).

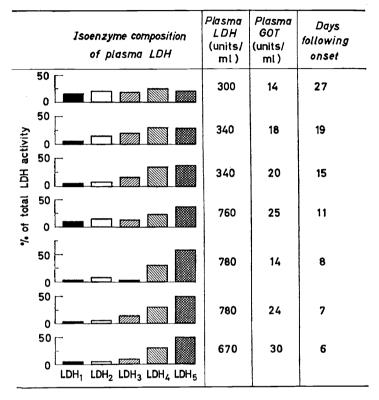


Figure 8. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH and GOT in a patient (J.W., 49 yrs. \mathfrak{F}) with posterior myocardial infarction

Figures 13-21 depict the isoenzyme patterns observed when the plasma of patients with various diseases are examined. It appears that the isoenzyme composition of the diseased tissue or organ is contributed to the plasma, and is in part added to the isoenzyme components normally found in the plasma.

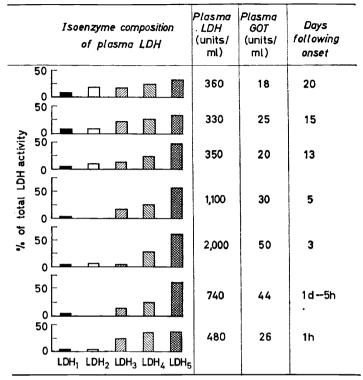


Figure 9. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH and GOT in a patient (F.R., 49 yrs. δ) with anteroseptal myocardial infarction

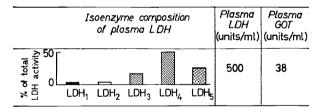


Figure 10. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH and GOT in a patient (H.F., 72 yrs. 3) with angina pectoris and congestive failure

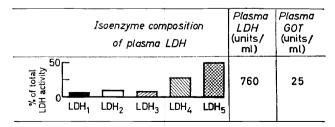


Figure 11. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH and GOT in a patient (I.G., 70 yrs. 3) with subendocardial infarction (secondary to shock)

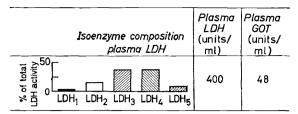
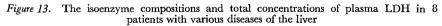


Figure 12. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH and GOT in a patient (I.McA., 55 yrs. 3) with pulmonary infarction

Isoenzyme composition of plasma LDH	Plasma LDH (units/ml)	Diagnosis (Patient)
	3,000	Infectious hepatitis (K.V.)
	490	Serum hepatitis and leukaemia (J.O.)
	600	Serum hepatitis (C.C.)
	500	Choledochal cyst with cirrhosis (J.P.)
	340	Cirrhosis (W.L.)
	1,900	Metastatic adenocarcinoma to liver (L.B.)
	2,600	Metastatic adenocarcinoma to liver (C.C.)
	360	Metastatic adenocarcinoma to liver (L.G.)



Isoenzyme composition of plasma LDH	<i>Plasma</i> <i>LDH</i> (units/ml)	Date	Plasma GOT (units/ml)	Plasma GPT (units/ml)
	2,600	7.4.60	720	1,900
	3,000	5.4.60	980	2,600
	1,100	4.4.60	600	1,800
CDH₁ LDH₂ LDH₃ LDH₄ LDH₄	à			

Figure 14. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH, GOT and GPT* in a patient (K.V., 56 yrs. \mathcal{Q}) with infectious hepatitis * Glutamic-pyruvic transaminase.

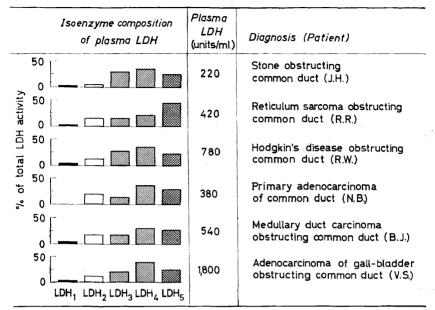
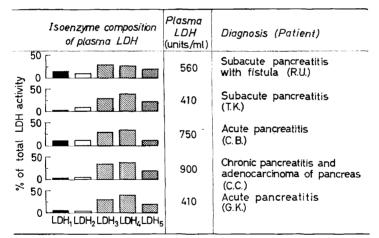
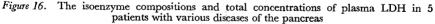


Figure 15. The isoenzyme compositions and total concentrations of plasma LDH in 6 patients with various diseases involving obstruction of bile ducts





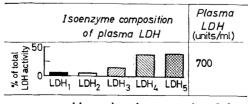


Figure 17. The isoenzyme composition and total concentration of plasma LDH in a patient (N.K., 18 yrs. P) with acute glomerulonephritis

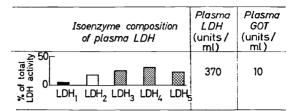


Figure 18. The isoenzyme composition of plasma LDH and the concentrations of total plasma LDH and GOT in a patient (C.M., 74 yrs. 3) with follicular carcinoma of the thyroid

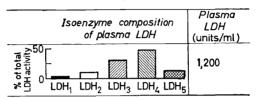


Figure 19. The isoenzyme composition and total concentration of plasma LDH in a patient $(E.S., 35 \text{ yrs. } \mathfrak{P})$ with adenocarcinoma of the adrenal cortex

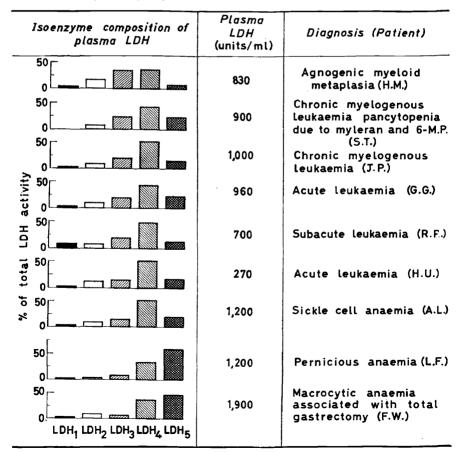


Figure 20. The isoenzyme compositions and total concentrations of plasma LDH in 9 patients with various blood diseases

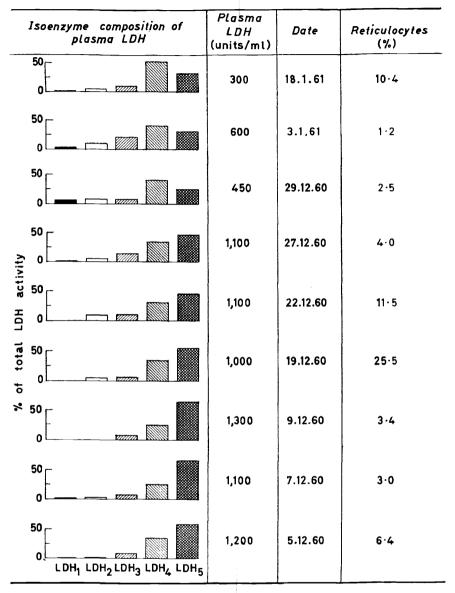


Figure 21. The isoenzyme composition and total concentration of plasma LDH and the reticulocyte level in a patient (L.F., 31 yrs. \mathfrak{P}) with pernicious anaemia

CONCLUSIONS

Human tissues each contain one or more of these LDH isoenzymes, and each tissue has an individual and characteristic isoenzyme pattern.

The plasma isoenzyme pattern seen during the course of myocardial infarction appears to be a more sensitive, specific and lasting parameter of myocardial necrosis than the measurement of total serum or plasma enzyme activity.

Diseases of various other organs cause characteristic alterations of plasma isoenzyme composition, reflecting in part the isoenzyme composition of the diseased tissue. Further studies are essential to define the usefulness of plasma and tissue isoenzyme estimation in clinical situations.

This work was supported in part by a grant of the National Cancer Institute (CY 3809).

References

- ¹ J. B. Neilands. Science, **115**, 143 (1952)
- ² F. W. Sayre and B. R. Hill. Proc. Soc. Exptl. Biol. Med., 96, 695 (1957)
- ³ K. F. Gregory and F. Wróblewski. *J. Immunol.*, 81, 359 (1958) ⁴ E. S. Vesell and A. G. Bearn. "Observation on heterogeneity of malic and lactic ⁴ E. S. Vesell and A. G. Bearn. dehydrogenase in human serum and red blood cells ", J. Clin. Invest., 37, 672 (1958)
- ⁵ K. F. Gregory and F. Wróblewski. Clinical Research, 7, 295 (1959)
- ⁶ C. L. Markert and F. Moller. "Multiple forms of enzymes: tissue, onotogenetic, and specific patterns ", Proc. Natl. Acad. Sci. U.S., 45, 753 (1959)
- ⁷ J. S. Nisselbaum and O. Bodansky. J. Biol. Chem., 234, 3276 (1959)
- ⁸ F. Wróblewski. "Increasing clinical significance of alterations in enzymes of body fluids ", Ann. Internal Med., 50, 62 (1959)
- ⁹ N. O. Kaplan, M. M. Ciotti, M. Hamolsky and R. E. Bieber. Science, 131, 392 (1960)
- ¹⁰ P. G. W. Plagemann, K. F. Gregory and F. Wróblewski. "Electrophoretically distinct forms of mammalian lactic dehydrogenase: Parts 1 and 2", J. Biol. Chem., 235, 2282 (1960)
- ¹¹ F. Wróblewski and J. S. LaDue. Proc. Soc. Exptl. Biol. Med., 90, 210 (1955)
- ¹² O. Smithies. Biochem. J., 71, 585 (1959)
- ¹³ O. Smithies. Biochem. 7., 61, 629 (1955)